

# Energy and Work

- **Energy** – The ability to do Work (or cause a change). Measured in Joules (J). When work is done, energy is transformed or transferred.
- **Work** – Force <sup>(push or pull)</sup> applied to an object and the object moves in the same direction as the force. Measured in Joules (J)

## Work

- In order to do work
  - 1) applied force must make object move
  - 2) movement must be in the same direction as the applied force

Equation:  $W = F \Delta x$

$W$  (J) → change in (Newton)  
 $F$  → displacement (direct route)  
 $\Delta x$  (meters/seconds)

Work Practice

- 1) You push a refrigerator with a force of 100N. If the displacement of the refrigerator is 5m, how much work did you do?

$$W = 100\text{N} \cdot 5\text{m} = 500 \text{ Joules (J)}$$

## Work Practice

- 2) A force of 75N is exerted on a 45-kg couch and the couch is moved 5m. How much work is done in moving the couch?

$$W = 75\text{N} \cdot 5\text{m} = 375\text{J}$$

- Examples of work:
  - Lifting weights
  - pushing cart
  - throwing a ball/object

## Different Types of Energy

- Thermal Energy: - heat  
ex. Christmas lights, Sun

## Different Types of Energy

- 2) Chemical Energy: -  
ex. pills, food, batteries

## Different Types of Energy

- 3) Electrical Energy: - Lightning, computer  
electrical towers  
clouds charged w/ electricity

## Different Types of Energy

- 4) Radiant Energy: Light & Heat  
Sun, traffic light, lightbulb

## Different Types of Energy

- 5) Nuclear Energy: Bomb

## Kinetic Energy

- Energy of motion
- Examples: Running, roller coaster going downhill, car moving, bird flying
- Kinetic Energy (KE) =  $mv^2/2$
- m = mass  
v = velocity (squared)

overlap

# Gravitational Potential Energy

- The energy an object is able to store because of its position or condition
- Examples: Stretching of a rubber band, baseball in a glove, slinky pushed down, book on a shelf
- P.E. =  $mgh$  mass · gravity · height   
  $9.8 \text{ m/s}^2$
- $m$  = mass,  $g$  = acceleration rate due to gravity (9.8 m/s<sup>2</sup>),  $h$  = height

## Conversion from potential energy to kinetic energy

- Football Player** – QB's arm is holding the football ready to throw (P.E.), he releases and the ball flies through the air (K.E.)
- Apple** – An apple hanging from a tree has (P.E.) and then falls to the ground (K.E.)
- Waterfall** – At the top of the waterfall there is (P.E.), and as the water spills over and starts to fall it has (K.E.)

## Calculations

- 1) What is the K.E. of a 45kg bike moving at 13m/sec?

$$\frac{mv^2}{2} = \frac{45 \text{ kg} (13 \text{ m/s})^2}{2} = \frac{45 \times 169}{2} = \frac{7605}{2} = 3802.5 \text{ J}$$

*mass* *height* *square that multiply divide*

## Calculations

- 2) A 30kg child climbs 15m up a tree. When he stops to have a look around what is his P.E.?

$$PE = m \cdot g \cdot h$$

$m = 30 \text{ kg}$     $g = 9.8$     $h = 15 \text{ m}$

$$30 \text{ kg} \cdot 9.8 \text{ m/s} \cdot 15 \text{ m} = 4410 \text{ J}$$